

# Home Organization Challenge

The 30-day challenge is an opportunity to change your life in just one month. By identifying something you can work on in small doses all month long, you will be one step closer to the person you want to be. In collaboration with Shira Gill, we've created a 30-day challenge for daily home organization activities.

I want to make this 30-day challenge happen because...

My plan of action is...

.....

.....

.....

## Shira's Tips & Tricks:

1. Embrace negative space. Instead of adding more to your home, consider what you can subtract to create some breathing room.
2. Invest in uniform storage bins and baskets to create a cohesive streamlined aesthetic that's easy on the eyes.
3. Practice a 5-minute tidy before bed. Reset your space so you can start fresh, feeling good the next day.

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Declutter a Single Surface <input type="checkbox"/>	Clean Out Your Freezer <input type="checkbox"/>	Refresh Your Fridge <input type="checkbox"/>	Spruce Up Your Spice Drawer <input type="checkbox"/>	Neaten Up Your Utensil Drawer <input type="checkbox"/>	Go Through Your Kitchen Gadgets <input type="checkbox"/>	Tidy Up Your Dish Towels <input type="checkbox"/>
DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
Organize Your Cleaning Supplies <input type="checkbox"/>	Sort Your Vitamins & Supplements <input type="checkbox"/>	Tidy Up Your Tea & Coffee <input type="checkbox"/>	Sort Your Coffee Mugs <input type="checkbox"/>	De-Junk Your Junk Drawer <input type="checkbox"/>	Overhaul Your Water Bottle Collection <input type="checkbox"/>	Tackle Your Tupperware <input type="checkbox"/>
DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
Clean Out Your Shower Products <input type="checkbox"/>	Clean Up Your Medicine Cabinet <input type="checkbox"/>	Tidy Up Your Linen Closet <input type="checkbox"/>	Organize Under the Bathroom Sink <input type="checkbox"/>	Sort Your Makeup & Toiletries <input type="checkbox"/>	Clear Off Your Nightstand <input type="checkbox"/>	Spruce Up Your Sock Drawer <input type="checkbox"/>
DAY 22	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 28
Freshen Up Your First Aid Kit <input type="checkbox"/>	Tidy Up Your Games <input type="checkbox"/>	De-Junk Your Arts & Crafts <input type="checkbox"/>	Pare Down Your Pen Collections <input type="checkbox"/>	Toss Old Magazines & Newspapers <input type="checkbox"/>	Clear Your Trunk or Glove Compartment <input type="checkbox"/>	Streamline Your Email Inbox <input type="checkbox"/>
DAY 29	DAY 30	DAY 31				
Declutter the Apps on Your Phone <input type="checkbox"/>	Clean Out Your Wallet or Purse <input type="checkbox"/>	Add Something Lovely to Your Space <input type="checkbox"/>				

Reflect and celebrate. How does your space feel after completing the 30 day challenge?

.....

.....