

My Relationships

Think of someone in your life to “award” with the following. Then reflect on this person and how they impact your story.

Closest Friend

Most Fun to Be With

Most Improved Relationship

My Rock & Confidant

Most Successful

The Comedian

Most Inspirational

The Zen Master

Dearly Missed

Needed Me Most

Most Wise + Experienced

Biggest Health Nut

Most Organized

What can you do immediately and in the year ahead to improve your relationships?

Identify any changes, improvements, or adjustments you can do to grow or strengthen relationships.

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