

# 2020 Goals

Now that you have created your theme for this year, it's time to start thinking about what you want to achieve. What will have the biggest impact on your life and career?

Mapping out the bigger picture and working backwards toward the present often makes it easier to see what needs to happen in the short-term.

## FIVE-YEAR VISION

What does your life look like in five years? Where will you be professionally, personally, and socially?

## MAJOR MILESTONES

Break your five-year vision down into the main things that need to happen.

- |    |    |
|----|----|
| A. | F. |
| B. | G. |
| C. | H. |
| D. | I. |
| E. | J. |

## MY 2020 GOALS

What needs to happen first for those milestones to be met? Try to break the goals down small enough so that they can be achieved in a reasonable amount of steps and time this coming year. Shoot for goals that can be attained in a month.

- 01
- 02
- 03
- 04
- 05
- 06
- 07
- 08
- 09
- 10
- 11
- 12

# 2020 Goals

Use this worksheet for each goal.

**What do I want to achieve?**

.....

.....

.....

.....

.....

.....

.....

**What are the benefits of achieving this goal?**

.....

.....

.....

.....

.....

.....

.....

## PLAN OF ACTION

What are small, specific, realistic steps and actions I will take toward this goal?

TASKS	RESOURCES	NOTES TO SELF/ENCOURAGING WORDS
01		
02		
03		
04		
05		
06		
07		
08		
09		