



My Relationships

Now that you have given some thought about this past year, let's take a look at the present. Relationships are a critical part of success, both professionally and personally. In this next exercise, we will focus on the people who matter most to you.

The most importa	ant and influentia	al people in my life are	
)1		
)2		
)3		
)4		
)5		
Reflect on each pe	erson below.		
PERSON 1			
		_ is on my list above because	
them for			
	for me. I learned _	from	them. I will always be grateful for
memory with them is		If there is one thing I wo	ould want them to know or wish I could
do for them, it is			e.
PERSON 2			
		_ is on my list above because	I have known
them for			
	for me. I learned _	from	them. I will always be grateful for
memory with them is		If there is one thing I wo	ould want them to know or wish I could
do for them, it is			
PERSON 3			
		_ is on my list above because	I have known
them for		In that time, they have been an example of	
	_ for me. I learned _	from	them. I will always be grateful for
memory with them is		If there is one thing I wo	ould want them to know or wish I could
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PERSON 4		
is c	on my list above because	I have known
them for	In that time, they have been an example of	
	·	
	A word that describes them is	
memory with them is	If there is one	thing I would want them to know or wish I could
do for them, it is		·
PERSON 5		
is o	on my list above because	I have known
them for	In that time, they have been an example of _	
for me. I learned		from them. I will always be grateful for
	A word that describes them is	My best
	If there is one	
do for them, it is		·
What can you do immediately and in the year		
Identify any changes, improvements, or adjust	tments you can do to grow or strengthen relationsh	ips.





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Write your plan of action below.	
They say that what you do isn't as important as the people you do it with. What are you looking forward to in the year ahead, and with whom?	